

# Gels, Ointments or Creams For Teenagers With Hemorrhoids

**H**emorrhoids in teenagers are more prevalent than most people assume. Teenagers who live a particular lifestyle tend to be the ones who have a higher risk of acquiring hemorrhoids. Low fiber diets and virtually no exercise are just some of the contributing factors to buying hemorrhoids.

- The nice thing about hemorrhoids is that they are usually very easy to deal with.
- There are a lot of over-the-counter drugs that can assist in relieving the condition and symptoms of hemorrhoids.
- However, picking the right hemorrhoid medication can be a little complicated.



## There are a Lot of Hemorrhoids Remedies Out There in the Market

Hemorrhoid medications come in the form of skin gels, creams, and ointments. Knowing which usually medication is best means knowing what kind of hemorrhoid a person has. In a nutshell, choosing the best treatment for hemorrhoids involves knowing the following:

*Kind of hemorrhoids a teenager might have Whether or not to use manufactured or natural products The degree of the condition Other health conditions that might complicate matters such as allergies The type of skin a teenager has.*

## Internal or External Hemorrhoids

It's very important to know if your hemorrhoids are external or internal. External hemorrhoids inside teenagers tend to be the ones that can be treated by applying medication. There is no FDA approved lotion, cream, gel, or ointment that can help deal with an **internal hemorrhoid**. Suppositories are the often used cure for internal hemorrhoids.

## The Differences Between an Ointment, Gel and Cream

Lot of teenagers often group ointments, gels and creams under the same category when in fact each of them are different. The biggest difference between the products is that both gel and creams are water based remedies, while an ointment is oil based.

## Creams are Usually Thick and are White in Color

Putting on creams does not leave a thin film behind. Gels will often be clear and also will not leave a film guiding. Ointments are clear in color and are always thick and greasy as a result of being an oil based material.

## Choosing Which Type of Medication to Use Really Depends on the User's Skin

Individuals with an oily skin will do well by using a cream or a gel as both are water based products that will quickly be absorbed by their body. Those who have dry skin will definitely need to use an ointment for medicating their hemorrhoids. Ointments are good for people with dry skin as the oil leaves a film that helps in order to trap the moisture in the skin.

## The Advantages of Using Hemorrhoid Ointments

The great thing about using hemorrhoid ointments is that most of them are readily available and affordable. A large majority of hemorrhoid ointments are over-the-counter medications that do not require a doctor's prescription. The lack of a doctor's appointment as well as the peoples incomes at nearly every local drugstore makes using hemorrhoid ointments one of the best solutions. Hemorrhoids in teenagers are no laughing matter, most are embarrassed to deal with their condition due to the nature of hemorrhoids.



HemorrhoidsHemorrhoidExternal HemorrhoidsCure Internal

For other medications which can help relieve hemorrhoids please visit <http://how-to-cure-hemorrhoids-fast.blogspot.com> and <http://how-to-get-rid-of-hemorrhoids-at-home.blogspot.com>.

For French visit <http://traiter-les-hemorroides-naturellement.blogspot.com> and <http://hemorroide-faits-traitements.blogspot.com>.

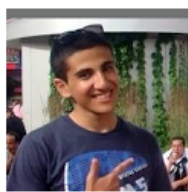
For Spanish Visit <Http://Tratamiento-De-Las-Hemorroides.Blogspot.Com>

For Italian visit <http://come-curare-emorroidi-modo-naturale.blogspot.com>.

For German Born Visit <Http://Hamorrhoiden-Behandlung-Hausmittel.Blogspot.Com>

For Portuguese visit <http://como-curar-hemorroida-naturalmente.blogspot.com>.

For Additional languages visit <http://how-to-treat-hemorrhoids-at-home.blogspot.com>.



“ **Pasquale Saunders**

*Pasquale is a content marketing professional at 20lux.com, a website about alternative health issues. Last year, Pasquale worked as a consultant for a well-known high tech company. When he's not writing articles, Pasquale enjoys drawing and rock climbing.*

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